

# 15 MINUTES WITH GOD



## RELAX & READ (5 MINUTES)

Take a moment to sit still and be silent before God. Now, read a portion of the Bible and focus on what God is saying through His Word.



## REFLECT & RECORD (5 MINUTES)

Honestly think about what God is saying to you and write down some insights or thoughts about how to live out the truth of God in your daily life.



## RESPOND (5 MINUTES)

Spend some time praying to God for the burdens He has placed on your heart and commit yourself to His purposes.

Spending time with God each day changes and equips us to live like Jesus as we interact with others and go about our daily tasks. 15 Minutes with God is an easy way to get started. Simply read a portion of scripture (5 minutes), reflect and write what God is communicating to you (5 minutes), and pray (5 minutes). That's it. Just 15 minutes. (Although you may find yourself wanting to linger. That's fine too!)